



Mind Space



C/O Digital Media Centre
County Way
Barnsley
S70 2JW
Tel: 01226 444642
www.wearemindspace.com

Dear Parent/Carer,

As you are aware there is a lot of uncertainty at the moment regarding whether schools are going to remain open. The closing of a school would impact our work in supporting your child's emotional wellbeing. With your permission, we would like to be able to contact your child via email should this situation arise, at the time that they would usually access group session. Please note this letter is being sent as a precautionary measure. If they have a school email address that they can access from home this would be preferred. The email would include some content to support your child, such as a resource that they could complete, some useful information to read to provide psycho-education, self-help and self-care techniques and strategies or helpful websites/apps to access.

If you are happy with this arrangement, please could you either

- ask your child to return this letter to Miss H Kirk in school as soon as possible
- take a photograph of the signed letter and email it to hello@wearemindspace.com
- contact us via telephone at 01226444642

Kind Regards

Lauren Tiffany
Emotional Health Support Worker

Young Person's Name: _____

Young Person's School: _____

Young Person's Email: _____

Parent/Carer Consent: _____